



“A FILM ABOUT HOPE”

HUFFINGTON POST



September is Suicide Awareness Month

The suicide epidemic effects every one of us. Please join us for a month of events designed to increase suicide awareness, as awareness is the key to prevention.

Thursday, 9/19/2019 - 6:30 to 8:45pm

Summit Free Public Library, 75 Maple Avenue, Summit, NJ 07801

In recognition of Suicide Awareness month we will show “Suicide: The Ripple Effect,” a film about hope, followed by a question and answer session with mental health professionals. **Registration required at summitlibrary.org #BeHereTomorrow**

Thursday, 9/26/2019 - 10:00am to 2:00pm

Overlook Medical Center, Main Lobby, 99 Beauvoir Avenue, Summit, NJ 07801

Stop by our “MythBusters” suicide awareness table and learn about suicide myths and facts. See how much you know for an opportunity to win a mug full of candy. **No registration required.**

Friday, 9/27/2019 - 2:00 to 4:00pm

Outpatient Behavioral Health, 2 Walnut Street, Summit, NJ 07801

Please join us for an afternoon of hope when we will be painting inspirational sayings or pictures on rocks to be planted in our “Garden of Hope.” **No registration required.**

**For more information about this event email
linda.reynolds@atlantichealth.org**

No More Whispers.

Let's end the whispering about mental illness and addiction. There is no shame. You can't catch it, and like many other diseases, no one asks for it. It affects all ages, ethnicities, income levels and genders. We all know someone. Don't fear it. Don't judge it. Understand it. [Let's not whisper anymore.](#)

NoMoreWhispers@atlantichealth.org

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