



2025

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# Westfield Regional Health Department

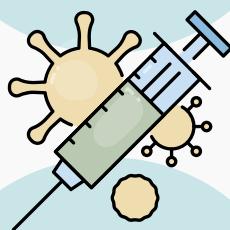
## Measles Advisory

### Protect Your Family Before Traveling



Contact your healthcare provider to help weigh the risk of measles exposure while traveling or in your local community.

**Infants 6 to  
11 months  
old**



**Why it  
Matters**



**Before You  
Travel**



- The CDC recommends children 6–11 months receive the MMR vaccine before traveling internationally. This dose is in addition to the recommended two doses, not as a replacement dose.
- Measles spreads easily through coughing, sneezing, and airborne transmission.
- Measles can cause serious complications including pneumonia and encephalitis (inflammation of the brain).
- Unvaccinated individuals, including infants, are at high risk of infection.
- If you will be traveling internationally, or where an outbreak is occurring, talk to your pediatrician about whether your child should receive an early dose of MMR vaccine.

