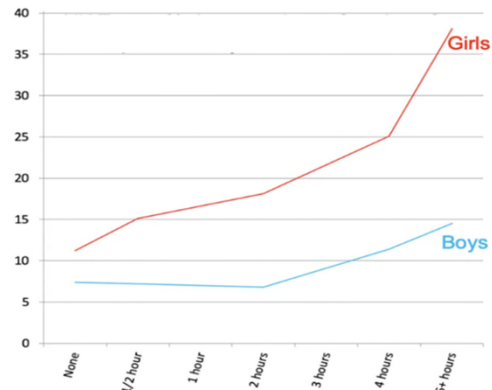
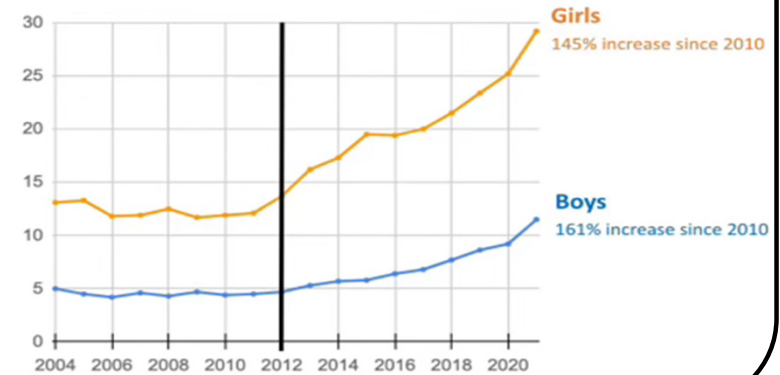


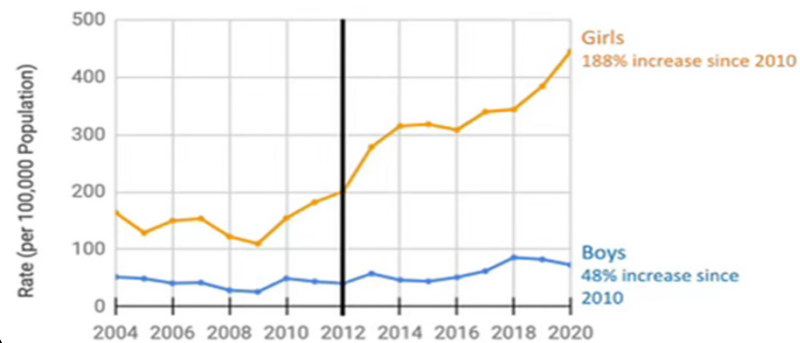
% of Teens (UK) Depressed as a Function of Hours per Weekday on Social Media



% US Teens with Major Depression



US Teens Admitted to Hospitals for Nonfatal Self-Harm (Ages 10-14)



Smartphones are
academic distract

Surgeon General: Why I'm Calling for a Warning Label on Social Media Platforms

June 17, 2024

Smartphones impair
sleep.

Smartphones interfere
with relationships and
increase the risk for
anxiety and depression.



Smartphones put your
at risk for
bullying.

Don't we want more for Summit's youth?





LET KIDS BE KIDS A LITTLE LONGER

**We
empower
parents to
say yes to
waiting
for the
smartphone.**

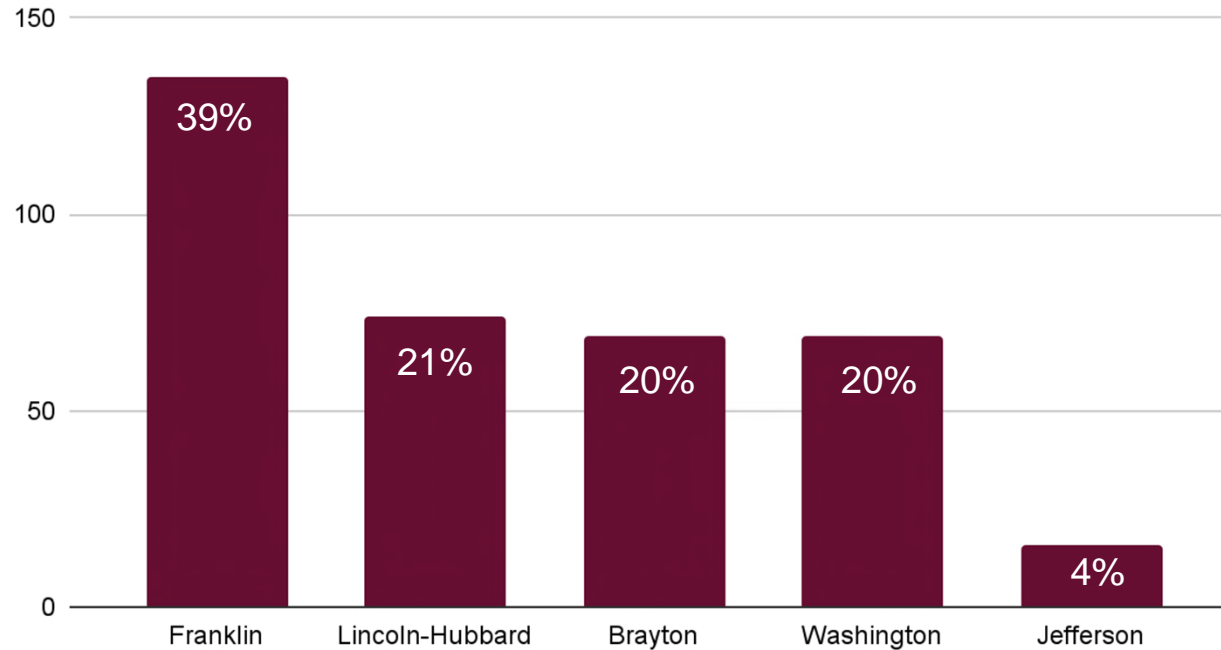
The Wait Until 8th pledge empowers parents to rally together to delay giving children a smartphone until at least the end of 8th grade. By banding together, this will decrease the pressure felt by kids and parents alike over the kids having a smartphone.

Smartphones are distracting and potentially dangerous for children yet are widespread in elementary and middle school because of unrealistic social pressure and expectations to have one.

These devices are quickly changing childhood for children. Playing outdoors, spending time with friends, reading books and hanging out with family is happening a lot less to make room for hours of snap chatting, instagramming, and catching up on YouTube.



380 Active Pledges across Summit schools



“In Summit, N.J., a group of five parents accumulated 200 commitments in less than two weeks; they now have over 350, they said, spread across five elementary schools and two kindergarten primary centers.”

The New York Times



Community Engagement



Summit
DOWNTOWN

