

# MOSQUITO SEASON

The Health Department would like to remind residents that mosquito season is upon us and that **West Nile Virus** has become endemic in New Jersey.

**The most effective way to avoid West Nile Virus is to *prevent mosquito bites*.**



Use Environmental Protection Agency (EPA)-registered insect repellents with one of the active ingredients below:

- DEET
- Picaridin (known as KBR 3023)
- IR3535
- Oil of lemon eucalyptus (OLE) or para-menthane-diol (PMD)
- 2-undecanone

Find the insect repellent that's right for you by using [EPA's search tool](#).



Tips for everyone:

- Always follow the product label instructions.
- Reapply insect repellent as directed.
  - Do not spray repellent on the skin under clothing.
  - If you are also using sunscreen, apply sunscreen first and insect repellent second.



Wear long-sleeved shirts and long pants.

